

## **Merck Serono Dinner Symposium**

Plenary Hall 3, Queen Sirikit National Convention Center, Bangkok  
Sunday, November 29, 2009  
17.30 – 20.00 hr.

### **Adult growth hormone deficiency from diagnosis to management**

Chairperson: Prof. Suttipong Wacharasindhu (Thailand)

#### **➤ What is the best diagnostic test for AGHD**

Speaker: Prof. S-W Kim (Republic of Korea)

#### **➤ GHD after traumatic brain injury, mechanism and management**

Speaker: Prof. F. Casanueva (Spain)

#### **➤ Compliance and adherence to therapy, an issue in GH management**

Speaker: Prof. S. Norgren (Sweden)

Adult growth hormone deficiency is a condition which can be missed in some cases when occurring in the mid age. First of all, the diagnosis has to be made based on repeated and validated tests and according to the patients history and a review of available will be presented. Among various causes and alongside with tumours, traumatic brain injury is a condition which can be lead to growth hormone deficiencies. These patients should be tested for growth hormone deficiency and managed appropriately. In addition for adult and children as well, it is now well known that adherence of treatment is key for the success of replacement therapies; therefore it should be evaluated and factors of low adherence addressed to improve it.