

Merck Serono Breakfast Symposium

Meeting Room 2, Queen Sirikit National Convention Center, Bangkok

Tuesday, December 1, 2009

07.00 – 08.15 hr.

Clinical Impact of Mild Thyroid Dysfunction

Chairperson: Prof. Shashank Joshi (India)

➤ Mild Thyroid Dysfunction and Cardiovascular Risk

Speaker: Prof. David S. Cooper (USA)

➤ Effect of Mild Thyroid Dysfunction on Fertility and Pregnancy

Speaker: Prof. Daniel Glinoe (Belgium)

Mild thyroid dysfunction is a very common condition, especially in the elderly population where concomitant diseases may be present. Both subclinical hypo- and hyperthyroidism are associated with increased cardiovascular risk like lipid disorders or atrial fibrillation. In women, mild thyroid dysfunction may have an impact on fertility and pregnancy outcome and therefore has to be taken into account when women are planning to have a baby. However, it is still a matter of debate whether treatment should be generally recommended in these patient categories and who will clearly benefit from early therapeutic intervention.