



SCIENTIFIC PROGRAM

15th Congress of the ASEAN Federation of Endocrine Societies

Closing for online registration: 31 October 2009



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Scientific Program of the 15th Congress of the ASEAN Federation of Endocrine Societies

Pre-congress: "Networking to attain the goals of diabetes management and prevention"

28 November 2009

Time	Topic	
08.15-08.30	Opening Remark	
08.30-10.00	Panel Discussion – Ballroom Topic: Rejuvenation of ASEAN Diabetes Educator Association Chairpersons: Prof. Augusto D Litonjua (Philippines) Prof. Thep Himathongkam (Thailand) <ul style="list-style-type: none"> ▪ Inspiration for the set up of the ASEAN Diabetes Educator Association Speaker: Prof. Augusto D. Litonjua (Philippines) ▪ Establishment of The National Institute of Diabetes and connection to diabetes educator association Speaker: Prof. Dato' Dr. Anuar Zaini Md Zain (Malaysia) ▪ How to get doctors to involve more with diabetes education, the situation in Indonesia Speaker: Prof. Sidartawan Soegondo (Indonesia) ▪ Diabetes training and education – the most important issue in Vietnam Speaker: Prof. Ta Van Binh (Vietnam) ▪ The Life Style Building, a model for behavior modification Speaker: Prof. Thep Himathongkam (Thailand) 	
10.00-10.30	Coffee break	
10.30-12.00	Symposium – Ballroom Topic: Nationwide Diabetes Education (DE) Network Chairpersons: Prof. Siew Pheng Chan (Malaysia) Dr. Araya Thongphiew (Thailand) <ul style="list-style-type: none"> ▪ Thai DE Network Speakers: Assoc. Prof. Sunitaya Chandraprasert (Thailand) Mrs. Prapaipurn Silipunthboon (Thailand) ▪ Miracle of Knowledge Management in Thai DM Speakers: Asst. Prof. Valla Tantayotai (Thailand) Dr. Nipat Kittimanon (Thailand) ▪ Towards Clinical Excellence Network Speakers: Dr. Somkiat Potisat (Thailand) Dr. Araya Thongphiew (Thailand) 	
12.00-13.30	Luncheon Symposium 1 – Ballroom Topic: Understanding glucose monitoring; concept of historical continuous glucose monitoring and real-time glucose trend Chairperson: Dr. Yupin Benjasuratwong (Thailand) Speaker: Dr. Warren Lee (Singapore)	Luncheon Symposium 2** - Plenary Hall 3 Topic: New horizon in Androgen therapy Chairperson: Prof. Chaicharn Deerochanawong (Thailand) <ul style="list-style-type: none"> ▪ Metabolic syndrome, testosterone deficiency and erectile dysfunction never come Speaker: Prof. Louis Gooren (Netherlands) ▪ Testosterone in relationship to mortality and prostate health Speaker: Asst. Prof. Michael S. Irwig (USA.)
13.30-15.30	Symposium – Ballroom Topic: Healthy eating for diabetes: Intercultural experience Chairpersons: Assoc. Prof. Nguyen Thy Khue (Vietnam) Asst. Prof. Dr. Sunard Taechangam (Thailand) <ul style="list-style-type: none"> ▪ Traditional Malaysian Foods and Diabetes Speaker: Ms. Tan Yoke Hwa (Malaysia) ▪ Traditional Philippino Foods and Diabetes Speaker: Ms. Nieves C. Serra (Philippines) ▪ Traditional Chinese Foods and Diabetes Speaker: Ms. Gladys Wong (Singapore) ▪ Traditional Thai Foods and Diabetes Speaker: Asst. Prof. Dr. Sunard Taechangam (Thailand) 	Workshop 1: (50 pax)* – Meeting Room 3 Topic: Insulin Pump Therapy <ul style="list-style-type: none"> ▪ Overview of insulin pump therapy Speaker: Dr. Yupin Benjasuratwong (Thailand) ▪ Practical carbohydrate counting Speaker: Dr. Yupin Benjasuratwong (Thailand) ▪ Hands on with insulin pump Speaker: Mr. Julian Swindells (Australia)
15.30-16.00	Coffee break	
16.00-16.45	Lecture – Ballroom Topic: How to overcome sedentary lifestyle? Chairpersons: Dr. Siok Bee Chionh (Singapore) Prof. Wanee Nitiyanant (Thailand) Speaker: Ms. Tanya Vannapruegs (Thailand)	Workshop 2: (80 pax)* – Meeting Room 1-2 Topic: What diabetes educators should know about foot care? Station 1 <ul style="list-style-type: none"> ▪ Foot & wound assessment and Treatment plan Station 2 <ul style="list-style-type: none"> ▪ Callus controlling and Nail care Station 3 <ul style="list-style-type: none"> ▪ Off loading and Protective footwear <ul style="list-style-type: none"> ▪ Q&A Session (ALL)
17.00-19.00	Opening Ceremony & Welcome Reception – Plenary Hall 2	

* First come, First serve basis

** Either pre-congress or main congress delegates can attend

Pre-congress Program Details

Workshop 2: *What diabetes educators should know about foot care?* – Meeting Room 1-2

- Foot & wound assessment and Treatment plan
Speakers: **Dr. Sirinate Krittiyawong** (Thailand)
Ms. Jeeraphan Sripatpong (Thailand)
 - General foot assessment
 - Monofilament for neurological exam
 - Palpation of DP and PT arteries / ABI for vascular exam
 - Deformity and Joint mobility
 - Wound classification & Case discussion
 - Plan of treatment: Intervention to reach the goals
- Callus controlling and Nail care
Speakers: **Ms. Chanika J. Thaweethip-Arpa** (Thailand)
Ms. Siriwan Butadej (Thailand)
Mr. Poovasit Klinoubol (Thailand)
 - Callus and Nail problems
 - How to remove the callus? Soaking, Oiling and Scraping
 - How to cut the nail?
- Off loading and Protective footwear
Speakers: **Mr. Somkiet Maha-Udomporn** (Thailand)
Ms. Parichart Lertboonrian (Thailand)
Ms. Manussaporn Kongsarhai (Thailand)
 - Off loading modalities; Total contact cast, Felted form dressing etc.
 - Proper footwear and shoes' modification
- Q&A Session

Updated as of 19.11.09

Main Congress: "The Art and Science of Endocrinology: From Evidence to Practice"

29 November 2009

Time	Topic		
08.30-09.15	Plenary Lecture 1: DM – Plenary Hall 2 Topic: <i>Global guidelines for glucose-lowering in diabetes care: Agreement or controversy?</i> Chairpersons: Dr. Patricia B. Gatlinton (Philippines) Assoc. Prof. Ampha Suthijumroon (Thailand) Speaker: Prof. Philip Home (UK)		
09.15-10.00	Plenary Lecture 2: Pituitary – Plenary Hall 2 Topic: <i>Consensus and controversy in management of acromegaly</i> Chairpersons: Prof. Dr. Nor Azmi Kamaruddin (Malaysia) Asst. Prof. Thiti Snabboon (Thailand) Speaker: Prof. Annamaria Colao (Italy)		
10.00-10.30	<i>Coffee Break/Exhibition/Poster Session</i>		
10.30-12.00	Symposium 1 – Plenary Hall 2 Topic: Graves' ophthalmopathy Chairpersons: Prof. Mary Anne Lim-Abrahan (Philippines) Assoc. Prof. Ampica Mangklabruks (Thailand) <ul style="list-style-type: none"> ▪ Pathogenesis of Graves' ophthalmopathy Speaker: Prof. Rebecca Bahn (USA) ▪ Management of Graves' ophthalmopathy Speaker: Prof. James Garrity (USA) 	Symposium 2 – Plenary Hall 3 Topic: Molecular diabetes and metabolic syndrome in Asia Chairpersons: Assoc. Prof. Nguyen Thy Khue (Vietnam) Asst. Prof. Nattachet Plengvidhya (Thailand) <ul style="list-style-type: none"> ▪ New insights into the molecular mechanism of insulin resistance, metabolic syndrome and type 2 diabetes Speaker: Assoc. Prof. Naoto Kubota (Japan) ▪ Genetic of metabolic syndrome and type 2 diabetes in Asia Speaker: Prof. Lee-Ming Chuang (Taiwan) 	Symposium 3 – Ballroom Topic: Transitional management of endocrinology from pediatric to adult Chairpersons: Prof. Kah Yin Loke (Singapore) Prof. Somchit Jaruratanasirikul (Thailand) <ul style="list-style-type: none"> ▪ GH deficiency Speaker: Prof. Suttipong Wacharasindhu (Thailand) ▪ Turner's syndrome Speaker: Prof. Lorna Abad (Philippines) ▪ Congenital Adrenal Hyperplasia Speaker: Assoc. Prof. Kah Yin Loke (Singapore)
12.00-13.30	Luncheon Symposium 1-4		
13.30-14.45	Free Paper 1 – 3		
14.45-15.30	Meet the Expert 1: Pituitary – Meeting Room 1-2 Topic: <i>Difficult cases of prolactinoma</i> Chairperson: Asst. Prof. Varaphon Vongthavaravat (Thailand) Speaker: Prof. Annamaria Colao (Italy)	Meet the Expert 2: Adrenal – Meeting Room 3-4 Topic: <i>Endocrine hypertension</i> Chairperson: Asst. Prof. Pongamorn Bunnag (Thailand) Speaker: Prof. William Young (USA)	
15.30-16.00	<i>Coffee Break/Exhibition/Poster Session</i>		
16.00-16.45	Plenary Lecture 3: Adrenal – Plenary Hall 2 Topic: <i>Adrenal incidentaloma: What's new?</i> Chairpersons: Prof. Pradana Soewondo (Indonesia) Asst. Prof. Sarat Sunthornyothin (Thailand) Speaker: Prof. William Young (USA)		
17.30-20.00	Dinner Symposium 1-3		

Luncheon Symposium

Luncheon Symposium 1 – Plenary Hall 2 (Pfizer) Topic: Optimal Lipid Treatment in DM Patients Chairperson: Dr. Yupin Benjasuratwong (Thailand) Speaker: Prof. Peter Jans Lansberg (Netherlands)	Luncheon Symposium 2 – Meeting Room 1-2 (Novo Nordisk) Topic: The new treatment options for T2 diabetes Chairperson: Prof. Apichati Vichayanrat (Thailand) <ul style="list-style-type: none"> ▪ Selecting the basal insulin analogue for type 2 diabetes patients: Insights from recent studies Speaker: Prof. Michael Bush (USA) ▪ Intensification strategy in insulin treatment for type 2 diabetes patients Speaker: Dr. Malcolm Natrass (UK)
Luncheon Symposium 3 – Ballroom (MSD) Topic: Improving Glucose Homeostasis in Patients with Type 2 Diabetes Through Incretin Enhancement and Sitagliptin: What does the latest evidence show us? Chairperson: Prof. Chaicharn Deerochanawong (Thailand) <ul style="list-style-type: none"> ▪ State of the Art diabetes treatment: Improving glucose homeostasis in Type 2 Diabetes Speaker: Prof. Philip Home (UK) ▪ Latest data on sitagliptin in the management of Type 2 diabetes Speaker: Dr. Harvey L. Katzeff (USA) 	Luncheon Symposium 4: - Plenary Hall 3 (Solvay) Topic: Residual Vascular Risk; an answer to its reduction Chairperson: Prof. Wannee Nitiyanant (Thailand) <ul style="list-style-type: none"> ▪ PPAR alpha, vascular inflammation, and micro vascular disease Speaker: Prof. Bart Staels (France) ▪ The management of micro vascular complications of the diabetic patient: retinopathy and nephropathy Speaker: Prof. Richard O' Brien (Australia) ▪ The macro and micro-vascular residual risk Speaker: Prof. Alberto Zambon (Italy)

Dinner Symposium

<p>Dinner Symposium 1 – Ballroom (Servier)</p> <p>Topic: Early kidney injury management: evidenced base strategy to achieve life saving benefits in ASEAN T2DM populations</p> <p>Chairperson: Assoc. Prof. Ampica Mangklabruks (Thailand)</p> <ul style="list-style-type: none"> ▪ Relevance of ADVANCE results in the management of T2DM in ASEAN populations Speaker: Assoc. Prof. Ampica Mangklabruks (Thailand) ▪ The oxidative stress, from early kidney injury to diabetic nephropathy, a major actor in T2DM patients mortality? Speaker: Prof. Ken Shaw (UK) ▪ ADVANCE trial: new results of DIAMICRON MR/COVERSYL+ intensive based strategy and its clinical implications Speaker: Prof. Andrew Krentz (UK) 	<p>Dinner Symposium 2 – Plenary Hall 2 (Bayer Thai)</p> <p>Topic: Postprandial hyperglycemia as a driving force in diabetes and cardiovascular disease – the importance of integrated management</p> <p>Chairperson: Prof. Chaicharn Deerochanawong (Thailand)</p> <ul style="list-style-type: none"> ▪ Hyperglycemia and CVD – pathophysiology and the importance of postprandial blood glucose control Speaker: Prof. Juliana Chan (Hong Kong) ▪ Treating hyperglycemia and CVD from a clinical point of view – recommendations from recent guidelines Speaker: Prof. Oliver Schnell (Germany) ▪ Cardiovascular effects of antidiabetes agents – what is the evidence so far? Speaker: Prof. Wayne Sheu (Taiwan) ▪ Acarbose – effective treatment of postprandial blood glucose and CVD reduction Speaker: Prof. Oliver Schnell (Germany) ▪ Entering a new era in the secondary prevention of CVD in prediabetes – the new outcome trial (ACE) Speaker: Prof. Juliana Chan (Hong Kong) 	<p>Dinner Symposium 3 – Plenary Hall 3 (Merck Serono)</p> <p>Topic: Adult growth hormone deficiency from diagnosis to management</p> <p>Chairperson: Prof. Suttipong Wacharasindhu (Thailand)</p> <p>What is the best diagnostic test for AGHD Speaker: Prof. S-W Kim (Republic of Korea)</p> <ul style="list-style-type: none"> ▪ GHD after traumatic brain injury, mechanism and management Speaker: Prof. F. Casanueva (Spain) ▪ Compliance and adherence to therapy, an issue in GH management Speaker: Prof. S. Norgren (Sweden)
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30 November 2009

Time	Topic		
07.00-08.15	Breakfast Symposium 1-2		
08.30-09.15	Plenary Lecture 4: Bone – Plenary Hall 2 Topic: <i>Vitamin D and Health</i> Chairpersons: Dr. Siok Bee Chionh (Singapore) Prof. Boonsong Ongphiphadhanakul (Thailand) Speaker: Prof. Bess Dawson-Hughes (USA)		
09.15-10.00	Plenary Lecture 5: Reproductive – Plenary Hall 2 Topic: <i>PCOS: Past, present and future</i> Chairpersons: Assoc. Prof. Joselynna Añel-Quimpo (Philippines) Dr. Swangjit Suraamornkul (Thailand) Speaker: Prof. Richard S. Legro (USA)		
10.00-10.30	<i>Coffee Break/Exhibition/Poster Session</i>		
10.30-12.00	Symposium 4 – Plenary Hall 2 Topic: Growth hormone and male reproduction in adult Chairpersons: Dr. Gabriel V. Jasul Jr. (Philippines) Asst. Prof. Varaphon Vongthavaravat (Thailand) <ul style="list-style-type: none"> ▪ Risk and benefit of GH replacement in GH deficiency in adult Speaker: Prof. Kok Onn Lee (Singapore) ▪ Diagnosis and management of adult male hypogonadism Speaker: Asst. Prof. Michael S. Irwig (USA) ▪ Testosterone therapy in aging male: When is it justified? Speaker: Assoc. Prof. Joselynna Añel-Quimpo (Philippines) 	Symposium 5 – Plenary Hall 3 Topic: Pheochromocytoma Chairpersons: Dr. JJ Mukherjee (Singapore) Prof. Leilani B Mercado-Asis (Philippines) <ul style="list-style-type: none"> ▪ Genetics of pheochromocytoma Speaker: Asst. Prof. Thiti Snabboon (Thailand) ▪ Diagnosis of pheochromocytoma Speaker: Dr. Keh Chuan Loh (Singapore) ▪ Management of pheochromocytoma Speaker: Prof. Dr. Agung Pranoto (Indonesia) 	Symposium 6 – Ballroom Topic: Hot topics in metabolic bone disease Chairpersons: Prof. Boonsong Ongphiphadhanakul (Thailand) Dr. Chatlert Pongchaiyakul (Thailand) <ul style="list-style-type: none"> ▪ Risk and benefit of bisphosphonate Speaker: Prof. Siew Pheng Chan (Malaysia) ▪ Normocalcemic hyperparathyroidism Speaker: Dr. Siok Bee Chionh (Singapore) ▪ Male osteoporosis Speaker: Prof. Mary Anne Lim-Abrahan (Philippines)
12.00-13.30	Luncheon Symposium 5 -8		
13.30-14.45	Free Paper 4 – 6		
14.45-15.30	Meet the Expert 3: Thyroid – Meeting Room 1-2 Topic: <i>Subclinical thyroid disorders</i> Chairperson: Prof. Rajata Rajatanavin (Thailand) Speaker: Prof. Hossein Gharib (USA)	Meet the Expert 4: Reproductive – Meeting Room 3-4 Topic: <i>Gynecologic Endocrinology</i> Chairperson: Asst. Prof. Pongamorn Bunnag (Thailand) Speaker: Prof. Richard S. Legro (USA)	

15.30-16.00	<i>Coffee Break/Exhibition/Poster Session</i>
16.00-16.45	Plenary Lecture 6: Lipid – Plenary Hall 2 Topic: <i>New perspective in LDL-C reduction and beyond</i> Chairperson: Asst. Prof. Weerapan Khovichunkit (Thailand) Speaker: Prof. James Shepherd (UK)
18.30-22.00	<i>Congress Banquet</i>

Breakfast Symposium

Breakfast Symposium 1 – Meeting Room 2 (Sanofi-Aventis) Topic: <i>The Art and Science of Basal Insulin: From evidence to practice</i> Chairperson: Prof. Chaicharn Deerochanawong (Thailand) Speaker: Prof. Gregory Fulcher (Australia)	Breakfast Symposium 2 – Meeting Room 1 (Eli Lilly) Topic: <i>The new insights on ADA-EASD Consensus Statement</i> Chairperson: Asst. Prof. Pongamorn Bunnag (Thailand) Speaker: Dr. Stephen Colagiuri (Australia)
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Luncheon Symposium

Luncheon Symposium 5 – Plenary Hall 2 (Pfizer) Topic: <i>A Logical Treatment for Hypertensive Patients with Multiple Risks</i> Chairperson: Prof. Chaicharn Deerochanawong (Thailand) Speaker: Prof. Bryan Williams (UK)	Luncheon Symposium 6 – Plenary Hall 3 (AstraZeneca) Topic: <i>Statins & The Prevention of Vascular Disease - Optimal Approaches</i> Chairperson: Dr. Petch Rawdaree (Thailand) Speaker: Prof. James Shepherd (UK)
Luncheon Symposium 7 – Meeting Room 1-2 (Takeda) Topic: <i>Target the defects, Treat the disease with Thiazolidinediones</i> Chairpersons: Prof. Piyamitr Sritara (Thailand) Prof. Harmani Kalim (Indonesia) Speakers: Prof. Jochen Seufert (Germany) Dr. Jorge A. Sison (Philippines)	Luncheon Symposium 8 – Ballroom (Merck Serono) Topic: <i>Metformin: Case for early intervention in subjects at risk of dysglycaemia</i> Chairperson: Prof. Wannee Nitiyanant (Thailand) <ul style="list-style-type: none"> ▪ Facing up to the epidemic of diabetes with policies directed at prevention <ul style="list-style-type: none"> ○ The Asian Approach Speaker: Prof. A. Ramachandran (India) ○ The European Approach Speaker: Prof. P. Schwarz (Germany) ▪ Can we expect CV protection and improved survival in high risk populations treated with metformin Speaker: Prof. I. W. Campbell (UK)

1 December 2009

Time	Topic		
07.00-08.15	Breakfast Symposium 3		
08.30-09.15	Plenary Lecture 7: Diabetes and Pregnancy – Plenary Hall 2 Topic: <i>Latest News in Diabetes and Pregnancy</i> Chairpersons: Assoc. Prof. Thai Ah Chuan (Singapore) Dr. Rosa Allyn G. Sy (Philippines) Speaker: Prof. Moshe Hod (Israel)		
09.15-10.00	Plenary Lecture 8: Thyroid – Plenary Hall 2 Topic: <i>Update management of nodular thyroid disease</i> Chairpersons: Dr. Chia Su-Ynn (Singapore) Dr. Yupin Benjasuratwong (Thailand) Speaker: Prof. Hossein Gharib (USA)		
10.00-10.30	<i>Coffee Break/Exhibition/Poster Session</i>		
10.30-12.00	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;"> Symposium 7 – Plenary Hall 2 Topic: <i>Inpatient management of diabetes patients</i> Chairperson: Asst. Prof. Apiradee Sriwijitkamol (Thailand) <ul style="list-style-type: none"> ▪ Management of DKA and HHNS: What's new? Speaker: Assoc. Prof. Nguyen Thy Khue (Vietnam) ▪ Glycemic control in the intensive care unit: Are we making a difference? Speaker: Prof. Dr. dr. Ketut Suastika (Indonesia) ▪ Glycemic control in the hospitalized cardiac patient Speaker: Dr. Goh Su Yen (Singapore) </td> <td style="width: 50%;"> Symposium 8 – Plenary Hall 3 Topic: <i>Thyroid cancer update</i> Chairpersons: Prof. Vitaya Sridama (Thailand) Assoc. Prof. Ampica Mangklabruks (Thailand) <ul style="list-style-type: none"> ▪ Molecular basis of thyroid cancer Speaker: Asst. Prof. Wallaya Jongjaroenprasert (Thailand) ▪ Management of initial post surgical thyroid cancer Speaker: Dr. Charles Tan (Singapore) ▪ New paradigm in follow up thyroid cancer Speaker: Dr. Chia Su-Ynn (Singapore) </td> </tr> </table>	Symposium 7 – Plenary Hall 2 Topic: <i>Inpatient management of diabetes patients</i> Chairperson: Asst. Prof. Apiradee Sriwijitkamol (Thailand) <ul style="list-style-type: none"> ▪ Management of DKA and HHNS: What's new? Speaker: Assoc. Prof. Nguyen Thy Khue (Vietnam) ▪ Glycemic control in the intensive care unit: Are we making a difference? Speaker: Prof. Dr. dr. Ketut Suastika (Indonesia) ▪ Glycemic control in the hospitalized cardiac patient Speaker: Dr. Goh Su Yen (Singapore) 	Symposium 8 – Plenary Hall 3 Topic: <i>Thyroid cancer update</i> Chairpersons: Prof. Vitaya Sridama (Thailand) Assoc. Prof. Ampica Mangklabruks (Thailand) <ul style="list-style-type: none"> ▪ Molecular basis of thyroid cancer Speaker: Asst. Prof. Wallaya Jongjaroenprasert (Thailand) ▪ Management of initial post surgical thyroid cancer Speaker: Dr. Charles Tan (Singapore) ▪ New paradigm in follow up thyroid cancer Speaker: Dr. Chia Su-Ynn (Singapore)
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12.00-12.30	<i>Closing ceremony</i> – Plenary Hall 2		

Breakfast Symposium

Breakfast Symposium 3 – Meeting Room 2 (Merck Serono)

Topic: *Clinical Impact of Mild Thyroid Dysfunction*

Chairperson: **Prof. Shashank Joshi** (India)

- Mild Thyroid Dysfunction and Cardiovascular Risk
Speaker: **Prof. David S. Cooper** (USA)
- Effect of Mild Thyroid Dysfunction on Fertility and Pregnancy
Speaker: **Prof. Daniel Glinoe** (Belgium)

For further detail please visit <http://www.afes2009.org> or e-mail: secretariat@afes2009.org

Updated as of 19.11.09